



Chester Aikido Club

40th Anniversary Year

1979 - 2019



International Women's Day

Celebrate with Chester Aikido Club!

**Special Aikido Course Taught by
Senior Women Instructors
Open to all!**

Saturday 16th March

10.30 am—12.30 pm

(Followed by tea and cakes)

Beginners Always Welcome

Chester Aikido Club

Housesteads Drive

Hoole Lane

Chester CH2 3DL

Contact: chesteraikido@gmail.com



AIKIDO *Minimum effort*

Maximum effect

